







Pendeen Crescent, Southway, Plymouth, PL6 6QS

Tel: 01752 775478

Email: oakwood.office@discoverymat.co.uk

Friday 28th February 2025

Welcome back everyone, it's been great to see the children and yourselves back at Oakwood this week.

In addition to our school curriculum the week started with indoor rowing for years 5 and 6, which as you can see from the pictures and our FB post the children thoroughly enjoyed.

This week, children in year 3 have had the opportunity to learn to play the ukelele, this follows on from their drumming experience last term.

Run for fun!

It was great to see so many children attend running club after school today, especially in the sunshine! They will be completing 1 mile a week and we look forward to changing our route for our next session.

Next week

We have a very busy week at Oakwood next week. Monday 3rd - Careers afternoon Thursday 6th - World book day

We have parent teacher meetings happening throughout the week and on Tuesday evening, we are looking forward to seeing as many of you as possible.

Have a wonderful weekend everyone and let's hope the sun keeps shining.
Mr Arnold and the Oakwood Team

Diary Dates to Remember

MONDAY 3rd March

CAREERS DAY & DRESS UP

RECEPTION AND YEAR 6
PUPILS HEIGHT & WEIGHT
MEASUREMENT PROGRAMME

Week of 3rd March

PARENTS AFTERNOON/EVENING BOOK THROUGH ESCHOOLS LINK

Thursday 6th March WORLD BOOK DAY DRESS UP SEE PAGES BELOW

Tuesday 11th March POETRY RECITAL EVENING 4.30PM

Tuesday 1st April ROCKSTEADY EASTER CONCERT 2PM KS1 2.30PM KS2

7th April to 21st April EASTER BREAK

Monday 5th May MAY DAY BANK HOLIDAY

SUNDAY 11th May SCHOOLS MARATHON CHALLENGE

26th May to 30th May

Wednesday 4th June
EYFS AQUARIUM TRIP

Monday 30th June NON PUPIL DAY

Wed 23rd July SUMMER BREAK



"Let's Talk about Children....."

Therapeutic Parenting is a nurturing parenting style developed from consistent, empathic, and emotional based responses to your children as a response to their behaviours.

We believe that all children would benefit from experiencing therapeutic parenting and want to share this parenting style through the use of a 'Therapeutic Toolbox'.

This programme is full to top tips and advice to supp journey of parenting and growing up.

Venue	Session 1	Session 2
Estover	Friday 14 th June	Friday 21st June
Youth	9:30am-12:30pm	9:30am-12:30pm
centre		
Keyham	Wed 18 th September	Wed 25 th September
Green	9:30am-12:30pm	9:30-12:30pm
Places		
Efford	Thursday 21st	Thursday 28 th
Library	November	November
	11:30am-2:30pm	11:30-2:30pm
Crownhill	Friday 7th February	Friday 14th February
Library	9:30-12:30pm	9:30-12:30pm
Estover	Tuesday 22 nd April	Tuesday 29th April
Youth	11-2pm	44.00.00
centre		11-2pm
Efford	Thursday 12th June	Thursday 19th June
Library	11:30-2:30pm	11:30-2:30pm



This is a 2 week programme and topics include :

- what does it mean to be a therapeutic parent?
- Emotions
- Anger and aggression
- Managing tricky behaviours
- Play
- Parental self care

https://www.eventbrite.co.uk/o/plymouthcity-council-targeted-help-60431670123 As you maybe aware, we have been taking part in the PINS project.

To support us through this, it is important to gather parental contributions. Please find a link to a parent questionnaire.

The privacy statement is at the top of the questions.

This survey will close on the 3rd Match.

PINS Survey 2 | Plymouth Parent Carers Voice on Glue Up

As part of the PINS project we have a Coproduction meeting for parents of children on the SEN register in school with Plymouth Parent Voice coordinator Claire Paddon on Wednesday 12th March.

If you are interested in attending, please email Fliss Lock (INCO) directly, so we can ensure that we have enough tea and biscuits.

f.lock@discoverymat.co.uk

Family Support Network



On Monday the children in Year 5 (and some Year 6s) were fortunate enough to take part in indoor rowing as part of the PSSP programme. The children enjoyed recording their times and distances and had the opportunity to then try and beat those scores and times.

According to our records, the top 5 rowers in the 45 second rowing category were:

Mr Kelleher ©, Marley, Lily, Astrid/Logan T, Oliver and Becky.

In the 2 minute row the results were; **Evelyn, Noah/Seth, Lily, Brodie and Oscar**

We'd like to thank Hayley and the team for coming in and providing this great opportunity.



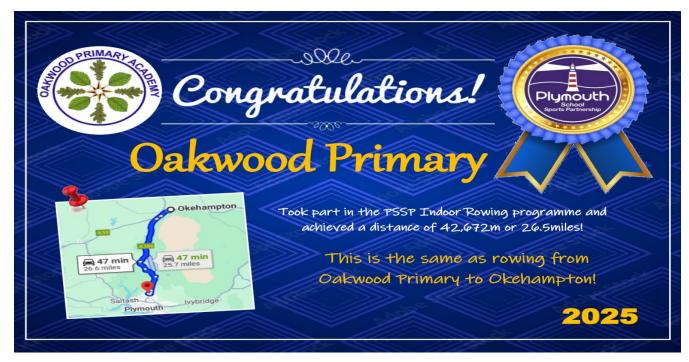


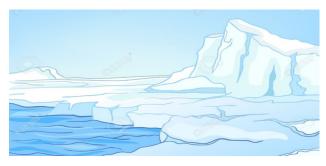














Last term, KS1 learnt about The Arctic. They explored the habitat, climate and animals living there. On the last day of term, the children dressed up as explorers and went on an expedition. Everyone enjoyed the journey and once they had returned from Greenland, a hot chocolate and biscuit was needed!

















RUN FOR FUN!

It was great to see so many children attend running club after school today, especially in the sunshine! They will be completing 1 mile a week and we look forward to changing our route for our next session.







WORLD BOOK DAY - 6 th March



As you will have seen from our recent newsletter and Facebook posts World book day is fast approaching. Children are welcome to come dressed as a book character or, if they (or you would prefer) they can come in their pyjamas ready to cosy up and enjoy a good book. Mrs Crocker has many exciting activities planned to include: footie and bookie quiz, guess the reader (teacher edition), outdoor book trail and guest readers from our local community.

School Champion meeting!





I had the pleasure to meet with the school champions before half term and amongst other things, World Book Day was discussed. The children liked the idea of using boxes to create the setting of a story. Shoe boxes, match boxes, any boxes could be used! Children are invited to bring their story setting boxes to school on 6th March where they will be displayed for all to see. The school champions are keen to award prizes, we look forward to seeing what wonderful story setting boxes you produce.

Little Acorns Pre School

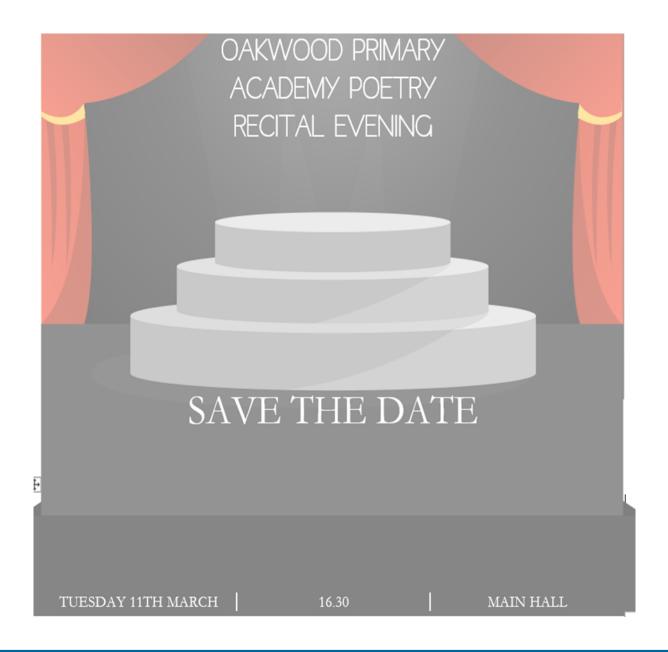
Little Acorns Pre school have spaces available from September 2025 for 2,3 and 4 year olds.

Sessions or full days are available.

Please contact Tina Johnson using the information below:

01752 204082

littleacornspreschool082@gmail.com



Please save the date for our annual Poetry Recital Evening. Thank you to all of the children who have signed up for this event and are learning their poems by heart.

We will be hosting, as last year, a black-tie event to celebrate the spoken word. Please email l.crocker@discoverymat.co.uk if you have any questions.





OAKWOOD PRIMARY PTHADISCO

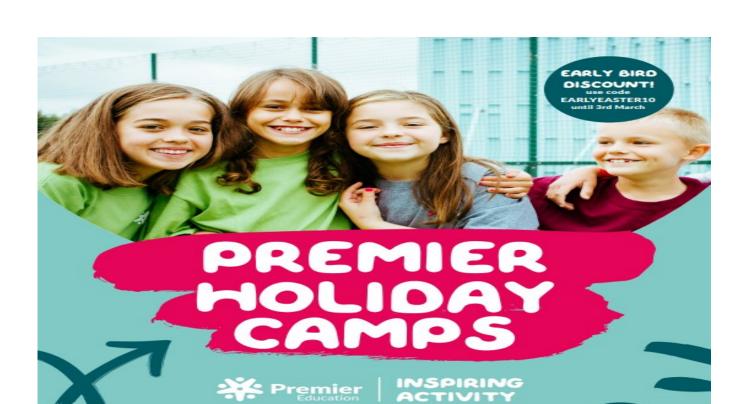
YEARS 1-3 15:45-16:30 YEARS 4-6 16:45-17:30



£3

PER TICKET

PAYMENT TO BE MADE ON PARENT PAY BEFORE 12:00 21/03/25 A selection of refreshments will be available to buy, please send your child with no more than £3 cash each





SCAN HERE FOR MORE INFORMATION



YOUR NEAREST HOLIDAY CAMP ...

Venue: Widewell Primary School

Dates: Monday 7th April - Thursday 17th April

09:00 - 15:30 Times:

Price: £20.02

5 - 11 Year Old Ages:

Additional info: Games, arts and crafts and themed weeks!

Book now for a school holiday full of fun!

PLEASE BRING

A packed lunch Plenty of water Suitable clothing Loads of energy!



TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

*Ts&Cs apply. Refer a Friend discount on new b



For ages 4 to 11

Derriford Church







Come along on:

£ per family

Friday 10th January Friday 7th February Friday 7th March

Games 3.45 - 5:30pm Bible Stories

> @ Derriford Church Powisland Drive Plymouth, PL6 6AB





Arts & Craft

Food

Family members are welcome to join us! Refreshments provided



Made with PosterMyWall.com

www.derrifordchurch.co.uk

South Devon Dads Project

Construction Skills #1

Learn basic carpentry - make a wooden toolbox to take home With expert tuition from Plymouth City College

Sat. 8th March

Plymouth City College, Picquet Barracks, Cumberland Road, Devonport, Plymouth. PL1 4HX

9.30am - 12.30

Booking Essential - limited to 10 dads & 10 children

Cost: FREE (donations welcome)

Wear suitable clothes & shoes (e.g. no flip-flops).

Hot drinks/ water supplied. All equipment supplied.

Free parking. You must book.

All dads and male carers with children aged 6 and over only.

PLEASE BOOK: info@thedadsnetwork.org







Who We Are

Hygiene Hub is a new joint social action project between: Transforming Plymouth Together, Peninsula Dental Social Enterprise and a number of local churches.

What We Do

We provide low cost hygiene products and basic dental health advice to families in need. No referral is required.

How It Works

Parents and carers can sign up for an annual membership of £1.50. New members get a free dental kit with toothpaste and toothbrushes. After that, members can return every 6-8 weeks, and receive further supplies for modest contribution.







- Brush for 2 minutes.
- Brush twice a day. Once before bed, and again during the day.
- Use a Pea size amount of flouride toothpaste.
- Spit, don't rinse!
- Save sugary snacks and drinks for

- Mondays: 3.30 5pm Christ Church, Leypark Walk Estover, PL6 8UE
- Fridays: 10am -1pm
 Uniform Store Plymouth,
 93 New George Street, PL1 1R0
- PlymHygieneHub

Please follow us for updates and new locations!













DAZZLE DANCE

DANCE YOUR WAY TO FAMILY FITNESS!



Ballet for Kids

Mondays & Thursdays - 16:00 - 17:00 (age 4 to 6) and 17:00 - 18:00 (age 7 to 12) Dance fitness and every other Monday Belly Dance Mondays -18:00 (Adults) Stretch & Tone & Belly Dance for All Ages Thursdays - 18:00 - 19:00 Stretch & Tone and every other Thursday Belly Dance

Woolwell centre
Contact Information: Mobile:
07551299724
Email:

amerissa2024@outlook.com

















DADS PLAY SESSION



Dads and male carers come along with your little ones and join us at the Methodist Church soft play area. For this free session. Join in with some physical activities and fun. For children 0-8 years.



Saturday 1st March, 9.30am-11am



Plymouth Soft Play Cafe, Methodist Central Hall



CONTACT US BY 21ST FEBRUARY TO BOOK YOUR SPACE

Email: chelsea.hewitt@actionforchildren.org.uk

PANCAKE DAY

Oakwood Primary Academy
Tuesday 4th March 2025

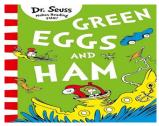


COME ENJOY
PANCAKES WITH ED!

CATERed

CONTAINS: GLUTEN, EGG AND MILK

WORLD BOOK DAY THURSDAY 6TH MARCH 2025 SCHOOL DINNER MENU



https://youtu.be/ldCum4kv3AQ?si=TXBVry7gqQTom3M3
Thank You Sam I am-Roast Gammon with roast pots and

veg (no green eggs!)



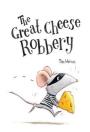
https://youtu.be/FVqDj0-M94s?si=YBxzIBEE48C1cb1m

Flo's Hot dog roll with roast potatoes and veg (with magic mustard)

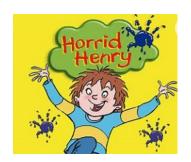


Bruce Bogtrotter's decorated cupcakes.

https://youtu.be/klkYavLPGQY?si=Sy 337S4znkzize



'The Great Cheese Robbery' panini



https://youtu.be/wF9siIKl8CM?si=r1cug6i64DDe_yDd Horrid Henry's Ham Panini



https://youtu.be/f3SymlvibCM?si=879f4q5J6V4ZhLff
Veggies assemble jacket Supertato

LUNCH MENU

Ham and cheese paninis are on the menu week commencing 4/11/2024 this will run alongside the new menu as a daily choice.

> We have colours choices on parent pay, Purple -cheese and tomato orange -ham and tomato It consists of half a panini with nachos.





At CATERed, we pride ourselves that the majority of the food we serve is cooked from scratch every day, making Ed's lunchtime menu truly awesome! Because we use fresh, local, seasonal and organic ingredients we're also supporting local growers, farmers and the regional economy whilst we keep an eye on our eco-footprint.

- Locally caught and landed Pollock and Mackeral
- Free range eggs (including in our mayonnaise)
 Westcountry milk
 Westcountry yoghurts
 Organic herbs
 No fried food
 Fairtrade sugar
 Wholemeal flour
 Seasonal fresh vegetables and fruit

- Seasonal fresh vegetables and fruit (which may vary due to availability)

Please visit our pages at www.catered.org.uk

UIFSM: All children in Reception, Year 1 and Year 2 are entitled to receive a **FREE** school meal every day regardless of household circumstances. This is called universal infant free school meals. So you can come in and have a great tasting meal every day and pay Ed nothing!

We encourage everyone to take up this free offer!

FSM: If you think you may be entitled to free school meals for your child under aged 7 and for older children, information about free school meals can be found by following the link to Free School Meals within the CATERed webpages or by calling the FSM team on 01752 307410. Eligibility for FSM also provides schools with additional income via the Pupil Premium.

We encourage everyone one who's eligible to take up this free offer!

If you are buying a meal, one of Ed's Super Fantastic two course meals including a drink currently costs £2.75. For a full allergen breakdown please contact us at catering@catered.org.uk, let us know what school your child attends so we can talk through the menu offer currently at that school.

Mandatory Food Standards apply to all school lunches details can be found by following the link from our pages or by visiting http://www.schoolfoodplan.com/actions/school-food-standards/













Tell Ed!









WEEK 1

W/C - MONDAY 4TH NOVEMBER, 25TH NOVEMEBER, 16TH DECEMBER, 20TH JANUARY, 10TH FEBRUARY, 10TH MARCH, 31ST MARCH WEDNESDAY

MONDAI	
CHOICE1 - H, W, V,	
Margherita pizza with	

potato wedges Allergens: (Glu), (Wh), (So), (Mi), m/c (E)

CHOICE 2 - H, W, V, VE

Katerveg meatballs

served with

homemade tomato

sauce & pasta

Allergens: (Glu), (Wh), (So)

CHOICE 2 - H, V, VE

Chicken curry with rice

Chickpea & sweetcorn burger served in a bun

with potato wedges

Allergens: (Glu), (Wh), (Mi, (So)

TUESDAY

CHOICE 2 - H, W

All day breakfast choose from meat or

climate friendly option Meat Option Allergens (Glu), (Wh), (E), (Mi)

Climate Friendly Allergens: (Glu), (Wh)

CHOICE 2 - H, V Golden pastry topped

THURSDAY

CHOICE 1- H

Roast chicken, Yorkshire

pudding, gravy and

roast potatoes

Allergens: (Glu), (Wh,)(Mi), (E)

vegetable pie, gravy & roast potato

Allergens: (Glu), (Wh), (Mi), (Ce)

FRIDAY

CHOICE1 - H Homemade breaded haddock fillet served with fresh chips

Allergens: (Glu), (Wh), (E), (Mi)

CHOICE 2 - H, V

Tangy cheese, quinoa & vegetable muffin served with fresh chips

Allergens: (Glu), (Wh), (E), (Mi)

SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEAMS / CHEESE / TUNA MAYONNAISE / COLESLAW



DESSERT - V, VE Fruit Salad

DESSERT - H, W, V **Butternut** and date cake

Glu)(Wh), (E)

DESSERT - H, V, VE

Cornish fairing biscuits and fruit slices

Allergens: (Glu), (Wh) S DESSERT - H, V, VE

Fruit platter or Yoghurt

Allergens: (SU), (Mi)

OESSERT - H, W, V, VE

Fruity cornflake tart with custard

(Wh), (Bar)







W/C - MONDAY 11TH NOVEMBER, 2ND DECEMBER, 6TH JANUARY, 27TH JANUARY, 24TH FEBRUARY, 17TH MARCH

THURSDAY FRIDAY MONDAY WEDNESDAY CHOICE 1 - H. W CHOICE 1 - H, V, VE CHOICE1-H CHOICE 1 - H CHOICE 1 Roast beef, Yorkshire Baked bean and Katerveg mince Chicken chow mein Fish fingers served sausage pasta bake chilli and rice pudding, gravy and with fresh chips Allergens: (Glu), (Wh), (Se), (So) roast potatoes Allergens: (So) Allergens: (Glu), (Wh) Allergens: (Glu), (Wh), (F) Allergens: (Glu), (Wh), (Mi), (E) **௵** CHOICE 2 - H, V, VE CHOICE 2 - V, VE CHOICE 2 - H, V, VE CHOICE 2 - H, W, V CHOICE 2 - H. V Vegetable sausage, Quorn dippers with Tasty cheese wheels Roast Quorn fillet, Homemade cheese gravy and roast seasoned potato with herby diced mash and gravy and tomato quiche wedges potato potatoes served with fresh chips Allergens: (Glu), (Wh), (Ce) Allergens: (Glu), (Wh), (Bar) Allergens: (Glu), (Wh) Allergens: (Glu), (Wh), (Mi), (Mu) Allergens: (Glu), (Wh), (E), (Mi) SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW DESSERT - H, V, VE DESSERT - V, VE DESSERT -H, V, VE DESSERT - H, W, V DESSERT - H, V Fruit Salad Fruity flapjack Westcountry Fruit Platter Zesty cake root cake with custard Allergens: (Glu), (O) Allergens: (Glu), (Wh), (E), (Su), (Mi), m/c (Bar) Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar) (So) m/c (Wh), (Bar) AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT



WEEK 3

W/C - MONDAY 18TH NOVEMBER, 9TH DECEMBER, 13TH JANUARY, 3RD FEBRUARY, 3RD MARCH, 24TH MARCH

MONDAY CHOICE 1- H, W

Beef cobbler served with mash and gravy

Allergens: (Glu)(Wh) m/c (Mi)(Bar)

WEDNESDAY TUESDAY

> CHOICE 1 - H, V, VE Tasty Katerveg bolognaise with garlic bread & pasta

Allergens: (Glu), (Wh), (So) m/c (Se)

THURSDAY

CHOICE 1-H Roast gammon loin, Yorkshire Pudding, gravy & roast potatoes

Allergens: (Glu), (Wh), (E)

FRIDAY CHOICE 1-H

Homemade fish cakes served with fresh chips

Allergens: (Glu), (Wh), (F), (E)

CHOICE 2 - H. V

Crispy samosa with rice Allergens: (Glu), (Wh), (E)

CHOICE 2 - V. VE

Quorn nuggets with diced potato

CHOICE1 - H

Chicken paella

Allergens: (Glu), (Wh)

CHOICE1-H. V

Creamy macaroni cheese with garlic bread

Allergens: (Glu), (Wh), (Mi), (Mu) m/c(Se)

CHOICE 2 - H, V, VE

Golden crisp topped shepherds pie, gravy & roast potatoes

Allergens: m/c (Glu), (Wh), (Bar)

CHOICE 2 - V, VE

Quorn fingers served with fresh chips

Allergens: (Glu), (Wh)

SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW

DESSERT - V VE

Fruit salad

DESSERT - H. V Orange honey cake

Allergens: (Glu), (Wh), (Mi), (E)

DESSERT - H, V, VE

Custard biscuits with fruit slices

Allergens: (Glu), (Wh)

DESSERT - H, V, VE

Fruit Platter

Allergens: (So)

DESSERT - H. W. V

Chocolate cake with chocolate sauce

Allergens: (Glu)(Wh)(E)(Mi) m/c(Bar)

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT



NOVEMBER

BONFIRE NIGHT (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



CHRISTMAS LUNCH

(SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



SIX NATIONS (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



(MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



INTER. SCHOOL MEAL DAY

(THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad







STAY UP TO DATE: 1 fo





School Trip payment reminders

Nethercott Farm

Further instalment payment of £50 due 28/02/2025 Please contact the school office if you require any assistance. Thank you.

London Trip

Further instalment payment of £60 due by 28/02/2025. Please contact the school office if you require any assistance. Thank you.

PGL 2025

Further instalment payment of £30 due by 28/02/2025. Please contact the school office if you require any assistance. Thank you.

Free School Meals

You may be entitled to apply for Free School Meals for your child/ren if you receive the following benefits:-

- Universal Credit, Income Support
- Income Based Job Seekers Allowance,
- Income Related Element of Employment and Support Allowance,
- Guaranteed Credit element of Pension
- Child Tax Credit (without Working Tax Credit) with an annual income of £16,190 or

We would urge parents who may be eligible for Free School Meals for the children to either apply on-line through the Plymouth City Council website or contact the school office for a form as soon as possible. This is very important, even if your child does not wish to take up the free meal. The register of FSM entitlement affects our overall school budget and we may be missing out on funding as a

Please do not confuse this with Universal School Free School Meal entitlement for children Meals in Years Reception to Year Two.



KS2 REN reading word count

The winners of this weeks word count for is:-

Years 1 and 2 - Zimmer - 3061 words

Year 3 - Britten - 42 560 words

Years 4 and 5 - Dun - 205 118 words

Year 6 - Tchaikovsky - 494 617 words



CHILD ABSENCE

If your child is unwell and is due in school. please leave a message on the child absence line by 9.00am each morning. Thank vou. School

Keeping in Touch

Can we please remind parents that the vast majority of contact between school and parents is done by telephone or email. Please could you ensure that we are kept updated with you current contact details to enable us to keep in touch with you when needed.

Parent Pay

Please activate your parent pay account as this allows us to send Newsletters, trip letters and other important information that we may need to convey to you. Please contact the school office if you need assistance.

Facebook and Website

Please follow us on our Facebook page at Oakwood Primary Academy. Please refer to our school website for latest news and calendar dates.

Email Addresses to Remember

Year 6 - Elgar Class - r.sherrell@discoverymat.co.uk

Year 6 - Tchaikovsky Class - s.betts@discoverymat.co.uk

Year 4/5 - Bernstein Class - j.kelleher@discoverymat.co.uk

Year 4/5 - Dun Class - k.loftus@discoverymat.co.uk

Year 4/5 - Holst Class - I.crocker@discoverymat.co.uk or k.harvey@discoverymat.co.uk

Year 3 - Britten Class - a.moore@discoverymat.co.uk

Year 3 - Lloyd-Webber Class – s.wieprecht@discoverymat.co.uk or a.blakeston@discoverymat.co.uk

Year 2 - Zimmer Class - m.francis@discoverymat.co.uk

Year 1/2 - Vivaldi Class - t.ocarroll@discoverymat.co.uk or g.chandler@discoverymat.co.uk

Year R/1 - Price Class - c.wye@discoverymat.co.uk or h.waite@discoverymat.co.uk

Rec - Brahms Class - m.kelly@discoverymat.co.uk