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Friday 07th March 2025

Hello everyone and what an exciting week at Oakwood Primary we have had!

WBD and Careers Day!

Thank to everyone who made such an effort with costumes, competition entries and all things World Book Day and Careers Day related this week.

As you may well have seen from our FB pages the children, staff, volunteers and parents all had a wonderful time.

Special thanks must go to our parents and friends of the school who gave their time and expertise so willingly to give our children an insight into different careers.

Have a great weekend and we will see you on Monday.

Mr Arnold and the Oakwood Team.

Diary Dates to Remember

Tuesday 11th March
POETRY RECITAL EVENING 4.30PM
-6.30PM

Wednesday 26th March PTA School Disco 's 15.45-16.30 YR 1-3 16.45-17.30 YR 4-6

Monday 31st March MTC Meeting Year 4 3pm

7th April to 21st April EASTER BREAK

Monday 5th May MAY DAY BANK HOLIDAY

Sunday 11th May SCHOOLS MARATHON CHALLENGE

26th May to 30th May HALF TERM

Wednesday 4th June EYFS AQUARIUM TRIP

Monday 30th June
NON PUPIL DAY

Monday 14th July YEAR 6 PRODUCTION TO PARENTS 13.30-15.00

Wed 23rd July SUMMER BREAK

YOU BELONG HERE! SCHOOL ATTENDANCE MATTERS



90% attendance = 4 missed weeks a year of school

If you need help, support or guidance, speak to your child's teacher or visit www.plymouth.gov.uk/school-matters







CHILD ABSENCE

If your child is unwell and is due in school, please leave a message on the child absence line by 9.00am each morning.

Thank you.

Please ring for every absence!

'Good Attendance' means...

Being in school at least 97% of the time





"Let's Talk about Children....."

Therapeutic Parenting is a nurturing parenting style developed from consistent, empathic, and emotional based responses to your children as a response to their behaviours.

We believe that all children would benefit from experiencing therapeutic parenting and want to share this parenting style through the use of a 'Therapeutic Toolbox'.

This programme is full to top tips and advice to supp journey of parenting and growing up.

Venue	Session 1	Session 2
Estover	Friday 14 th June	Friday 21st June
Youth	9:30am-12:30pm	9:30am-12:30pm
centre		
Keyham	Wed 18 th September	Wed 25 th September
Green	9:30am-12:30pm	9:30-12:30pm
Places		
Efford	Thursday 21st	Thursday 28 th
Library	November	November
	11:30am-2:30pm	11:30-2:30pm
Crownhill	Friday 7th February	Friday 14th February
Library	9:30-12:30pm	9:30-12:30pm
Estover	Tuesday 22 nd April	Tuesday 29th April
Youth	11-2pm	44.00.00
centre		11-2pm
Efford	Thursday 12th June	Thursday 19th June
Library	11:30-2:30pm	11:30-2:30pm



This is a 2 week programme and topics include:

- what does it mean to be a therapeutic parent?
- Emotions
- Anger and aggression
- Managing tricky behaviours
- Play
- Parental self care

https://www.eventbrite.co.uk/o/plymouthcity-council-targeted-help-60431670123 As you maybe aware, we have been taking part in the PINS project.

To support us through this, it is important to gather parental contributions. Please find a link to a parent questionnaire.

The privacy statement is at the top of the questions.

This survey will close on the 3rd Match.

PINS Survey 2 | Plymouth Parent Carers Voice on Glue Up

As part of the PINS project we have a Coproduction meeting for parents of children on the SEN register in school with Plymouth Parent Voice coordinator Claire Paddon on Wednesday 12th March.

If you are interested in attending, please email Fliss Lock (INCO) directly, so we can ensure that we have enough tea and biscuits.

f.lock@discoverymat.co.uk

Family Support Network



National Careers Week 2025

It was great to see our pupils enjoying career's day at Oakwood Primary on Monday. As you can see from the pictures, even some of our youngest children have aspirations, hopes and dreams too. Our children came dressed up in a wide range of job roles from chefs to doctors from astronauts to police officers. Thank you to everyone who made the day a success! As part of careers week, our pupils met a range of professions.

First up, they met Mr Ashford (Discovery MATs Chief Finance Officer) who previously was a professional footballer for Forest Green Rovers and played for England Schools. He spoke to our pupils about diet, discipline and what it takes to become a professional footballer. It was great to see so many of our pupils engaging with Mr Ashford and some took home a takeaway sheet of his top tips.

With Ecologist, Mr Harvey. The children learnt what an ecologist does, how they study the relationships between organisms and their environment, and studied different fauna and flora that Mr Harvey kindly brought in. Mr Harvey also brought in a stick insect for the children to name. He has now gone through all the suggested names and has chosen 'Basil'.

999 Call Handler, Mrs Dart kindly volunteered to share her profession with our children. Mrs Dart discussed how as a Call Handler she will be the very first-person people speak to when calling 999 for immediate and emergency support. The children loved finding out more and wearing the handler handset.

PC Sloan and PCSO Kervin also joined us for our careers fair. They talked about their roles within the local community and brought in array of policing equipment which the children thoroughly enjoyed trying on. Our pupils left with the understanding that police officers respond to incidents, investigate crimes and work closely with communities to keep them safe.

Dr Higgs, a doctor, who explained to our children how she diagnoses, treats, and prevents illnesses and injuries in individuals. The children were fortunate enough to explore her medical equipment and find out about their usages.

Mr Mathews also joined us for our career fair, who is a submariner for the Navy. He talked to our children about what Royal Navy submarines are, what they look like and that they are equipped with cutting-edge technology. He explained that a submariner is to protect the UK's national security.

Our final careers fair visitor was Mrs Catlow, a sports therapist. She discussed how she provides treatment to athletes and others who participate in physical activities. Our children enjoyed finding out more about her equipment which helps prevent injuries, rehabilitate injuries and improve overall performance.















































World Book Day truly hit Oakwood. What an array of costumes!

Staff and pupils have dressed up as fictional characters ranging from Witches, Wizards and Mythical Creatures and we had a whole host of reading related activities and events running throughout the day, including a guest reader!























Massive well done to Harlan for completing the 56 miles for Mind charity this February. You raised £127 now! and successfully completed the challenge, even exceeding it! With a total of 73.7 miles! Mental health awareness is so important, especially from a young age.



Daisy in Bernstein class has had a very productive couple of weeks outside of school. Daisy has worked really hard performing in 6 shows of her yearly pantomime with her dance school Geraldine Lamb which was held during February half term. Which then lead to some fabulous opportunities to perform at the Eden Project and to perform for the Birmingham Royal Ballet in their flash mob that was held at the box (Daisy was even on ITV news!). Well done Daisy!



LUNCH MENU

Ham and cheese paninis are on the menu week commencing 4/11/2024 this will run alongside the new menu as a daily choice.

> We have colours choices on parent pay, Purple -cheese and tomato orange -ham and tomato It consists of half a panini with nachos.





At CATERed, we pride ourselves that the majority of the food we serve is cooked from scratch every day, making Ed's lunchtime menu truly awesome! Because we use fresh, local, seasonal and organic ingredients we're also supporting local growers, farmers and the regional economy whilst we keep an eye on our eco-footprint.

- Locally caught and landed Pollock and Mackeral
- Free range eggs (including in our mayonnaise)
 Westcountry milk
 Westcountry yoghurts
 Organic herbs
 No fried food
 Fairtrade sugar
 Wholemeal flour
 Seasonal fresh vegetables and fruit

- Seasonal fresh vegetables and fruit (which may vary due to availability)

Please visit our pages at www.catered.org.uk

UIFSM: All children in Reception, Year 1 and Year 2 are entitled to receive a **FREE** school meal every day regardless of household circumstances. This is called universal infant free school meals. So you can come in and have a great tasting meal every day and pay Ed nothing!

We encourage everyone to take up this free offer!

FSM: If you think you may be entitled to free school meals for your child under aged 7 and for older children, information about free school meals can be found by following the link to Free School Meals within the CATERed webpages or by calling the FSM team on 01752 307410. Eligibility for FSM also provides schools with additional income via the Pupil Premium.

We encourage everyone one who's eligible to take up this free offer!

If you are buying a meal, one of Ed's Super Fantastic two course meals including a drink currently costs £2.75. For a full allergen breakdown please contact us at catering@catered.org.uk, let us know what school your child attends so we can talk through the menu offer currently at that school.

Mandatory Food Standards apply to all school lunches details can be found by following the link from our pages or by visiting http://www.schoolfoodplan.com/actions/school-food-standards/













Tell Ed!









WEEK 1

W/C - MONDAY 4TH NOVEMBER, 25TH NOVEMEBER, 16TH DECEMBER, 20TH JANUARY, 10TH FEBRUARY, 10TH MARCH, 31ST MARCH WEDNESDAY

MONDAI		
CHOICE1- H, W, V,		
Margherita pizza with		

potato wedges Allergens: (Glu), (Wh), (So), (Mi), m/c (E)

Katerveg meatballs

served with

homemade tomato

sauce & pasta

Allergens: (Glu), (Wh), (So)

CHOICE 2 - H, W, V, VE

CHOICE 2 - H, V, VE

TUESDAY

CHOICE 2 - H, W

Chicken curry

with rice

Chickpea & sweetcorn burger served in a bun with potato wedges Allergens: (Glu), (Wh), (Mi, (So)

All day breakfast -

choose from meat or climate friendly option

Meat Option Allergens (Glu), (Wh), (E), (Mi)

Climate Friendly Allergens: (Glu), (Wh)

Roast chicken, Yorkshire pudding, gravy and roast potatoes

CHOICE 1- H

THURSDAY

Allergens: (Glu), (Wh,)(Mi), (E)

Homemade breaded haddock fillet served with fresh chips

CHOICE1 - H

FRIDAY

Allergens: (Glu), (Wh), (E), (Mi)

CHOICE 2 - H, V

Golden pastry topped vegetable pie, gravy & roast potato

Allergens: (Glu), (Wh), (Mi), (Ce)

CHOICE 2 - H, V

Tangy cheese, quinoa & vegetable muffin served with fresh chips

Allergens: (Glu), (Wh), (E), (Mi)

SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW



DESSERT - V, VE Fruit Salad

DESSERT - H, W, V **Butternut** and date cake

Glu)(Wh), (E)

DESSERT - H, V, VE Cornish fairing biscuits and fruit slices

Allergens: (Glu), (Wh) S DESSERT - H, V, VE

Fruit platter or Yoghurt

Allergens: (SU), (Mi)

OESSERT - H, W, V, VE Fruity cornflake tart with custard

(Wh), (Bar)







W/C - MONDAY 11TH NOVEMBER, 2ND DECEMBER, 6TH JANUARY, 27TH JANUARY, 24TH FEBRUARY, 17TH MARCH

THURSDAY FRIDAY MONDAY WEDNESDAY CHOICE 1 - H. W CHOICE 1 - H, V, VE CHOICE1-H CHOICE 1 - H CHOICE 1 Roast beef, Yorkshire Baked bean and Katerveg mince Chicken chow mein Fish fingers served sausage pasta bake chilli and rice pudding, gravy and with fresh chips Allergens: (Glu), (Wh), (Se), (So) roast potatoes Allergens: (So) Allergens: (Glu), (Wh) Allergens: (Glu), (Wh), (F) Allergens: (Glu), (Wh), (Mi), (E) CHOICE 2 - H, V, VE CHOICE 2 - V, VE 65 CHOICE 2 - H, V, VE CHOICE 2 - H, W, V CHOICE 2 - H, V Vegetable sausage, Quorn dippers with Tasty cheese wheels Roast Quorn fillet, Homemade cheese gravy and roast seasoned potato with herby diced mash and gravy and tomato quiche wedges potato potatoes served with fresh chips Allergens: (Glu), (Wh), (Ce) Allergens: (Glu), (Wh), (Bar) Allergens: (Glu), (Wh) Allergens: (Glu), (Wh), (Mi), (Mu) Allergens: (Glu), (Wh), (E), (Mi) SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW DESSERT - H, V, VE DESSERT - V, VE DESSERT -H, V, VE DESSERT - H, W, V DESSERT - H, V Fruit Salad Fruity flapjack Westcountry Fruit Platter Zesty cake root cake with custard Allergens: (Glu), (O) Allergens: (Glu), (Wh), (E), (Su), (Mi), m/c (Bar) Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar) (So) m/c (Wh), (Bar) AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT







WEEK 3

W/C - MONDAY 18TH NOVEMBER, 9TH DECEMBER, 13TH JANUARY, 3RD FEBRUARY, 3RD MARCH, 24TH MARCH

MONDAY CHOICE 1- H, W Beef cobbler served with mash and gravy Allergens: (Glu)(Wh) m/c (Mi)(Bar)

WEDNESDAY TUESDAY CHOICE1 - H

 CHOICE 1 - H, V, VE Tasty Katerveg bolognaise with garlic bread & pasta

Allergens: (Glu), (Wh), (So) m/c (Se)

CHOICE1-H. V

Roast gammon loin, Yorkshire Pudding, gravy & roast potatoes

Allergens: (Glu), (Wh), (E)

THURSDAY

CHOICE 1-H

CHOICE 1-H Homemade fish cakes served with fresh chips

FRIDAY

Allergens: (Glu), (Wh), (F), (E)

CHOICE 2 - H. V

Crispy samosa with rice Allergens: (Glu), (Wh), (E)

CHOICE 2 - V. VE

Quorn nuggets with diced potato Allergens: (Glu), (Wh)

Chicken paella

Creamy macaroni cheese with garlic bread Allergens: (Glu), (Wh), (Mi), (Mu) m/c(Se)

Golden crisp topped shepherds pie, gravy & roast potatoes

CHOICE 2 - H, V, VE

Allergens: m/c (Glu), (Wh), (Bar)

CHOICE 2 - V, VE

Quorn fingers served with fresh chips

Allergens: (Glu), (Wh)

SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW

DESSERT - V VE

Fruit salad

DESSERT - H. V

Orange honey cake

Allergens: (Glu), (Wh), (Mi), (E)

DESSERT - H, V, VE

Custard biscuits with fruit slices

Allergens: (Glu), (Wh)

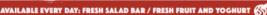
DESSERT - H, V, VE

Fruit Platter Allergens: (So)

DESSERT - H. W. V

Chocolate cake with chocolate sauce

Allergens: (Glu)(Wh)(E)(Mi) m/c(Bar)









NOVEMBER

BONFIRE NIGHT (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



CHRISTMAS LUNCH (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



SIX NATIONS (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



(MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



INTER. SCHOOL MEAL DAY

(THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad









STAY UP TO DATE: 1 fo





Free School Meals

You may be entitled to apply for Free School Meals for your child/ren if you receive the following benefits:-

- Universal Credit, Income Support
- Income Based Job Seekers Allowance,
- Income Related Element of Employment and Support Allowance,
- Guaranteed Credit element of Pension
- Child Tax Credit (without Working Tax Credit) with an annual income of £16,190 or

We would urge parents who may be eligible for Free School Meals for the children to either apply on-line through the Plymouth City Council website or contact the school office for a form as soon as possible. This is very important, even if your child does not wish to take up the free meal. The register of FSM entitlement affects our overall school budget and we may be missing out on funding as a result.

Please do not confuse this with Universal School Free School Meal entitlement for children Meals in Years Reception to Year Two.



KS2 REN reading word count

The winners of this weeks word count for is:-

Years 1 and 2 - Zimmer 4091 words

Year 3 - Britten 80538 words

Years 4 and 5 - Dun 806856 words

Year 6 - Elgar 641757 words



Keeping in Touch

Can we please remind parents that the vast majority of contact between school and parents is done by telephone or email. Please could you ensure that we are kept updated with you current contact details to enable us to keep in touch with you when needed.

Parent Pay

Please activate your parent pay account as this allows us to send Newsletters, trip letters and other important information that we may need to convey to you. Please contact the school office if you need assistance.

Facebook and Website

Please follow us on our Facebook page at Oakwood Primary Academy. Please refer to our school website for latest news and calendar dates.

Email Addresses to Remember

Year 6 - Elgar Class - r.sherrell@discoverymat.co.uk

Year 6 - Tchaikovsky Class - s.betts@discoverymat.co.uk

Year 4/5 - Bernstein Class - j.kelleher@discoverymat.co.uk

Year 4/5 - Dun Class - k.loftus@discoverymat.co.uk

Year 4/5 - Holst Class - I.crocker@discoverymat.co.uk or k.harvey@discoverymat.co.uk

Year 3 - Britten Class - a.moore@discoverymat.co.uk

Year 3 - Lloyd-Webber Class – s.wieprecht@discoverymat.co.uk or a.blakeston@discoverymat.co.uk

Year 2 - Zimmer Class - m.francis@discoverymat.co.uk

Year 1/2 - Vivaldi Class - t.ocarroll@discoverymat.co.uk or g.chandler@discoverymat.co.uk

Year R/1 - Price Class - c.wye@discoverymat.co.uk or h.waite@discoverymat.co.uk

Rec - Brahms Class - m.kelly@discoverymat.co.uk