



Oakwood Primary Academy



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Dear Parents and Carers,

Children's Mental Health Week – Mufti Day

This year we will be participating in Children's Mental Health Week.

It will take place on the week beginning 05.02.24 – 11.02.24 and the theme this year is 'My voice matters'.

As part of the week, children will participate in a session focused on what is important to them and will have the opportunity to dress in Mufti on Friday 9th February. The theme for this is 'Express yourself', this could be anything from wearing their favourite colour, representing their favourite sports team or simply coming in as themselves.

Should your child wish to participate, Place2be, the charity who organise Children's Mental Health Week would appreciate a donation via their website. We would suggest selecting other with a £1 voluntary donation.

Website link: [Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](https://www.childrensmentalhealthweek.org.uk)

Kind Regards,

Miss Eccleshaw and Mrs Lock

