







Pendeen Crescent, Southway, Plymouth, PL6 6QS

Tel: 01752 775478

Email: oakwood.office@discoverymat.co.uk

## Friday 14th February 2025

Hello everyone.

Hope you have a had a wonderful week.

As you can see from the information below, we have had a busy couple of weeks at Oakwood and we look forward to more of the same after the half term break.

Wishing you all a great half term break

Mr Arnold and the Oakwood Team.

See you on Monday 24th February!

**Diary Dates to Remember** 

17th Feb to 21st Feb

Wednesday 26th February
NETHERCOTT PARENT MEETING
3.30PM-4PM

**MONDAY 3rd March** 

**CAREERS DAY & DRESS UP** 

RECEPTION AND YEAR 6
PUPILS HEIGHT & WEIGHT
MEASUREMENT PROGRAMME

Week of 3rd March
PARENTS AFTERNOON/EVENING
BOOK THROUGH ESCHOOLS LINK

Thursday 6th March
WORLD BOOK DAY
DRESS UP SEE PAGES BELOW

Tuesday 11th March
POETRY RECITAL EVENING 4.30PM
-6.30PM

Tuesday 1st April
ROCKSTEADY EASTER CONCERT
2PM KS1
2.30PM KS2

7th April to 21st April EASTER BREAK

Monday 5th May MAY DAY BANK HOLIDAY

SUNDAY 11th May SCHOOLS MARATHON CHALLENGE

26th May to 30th May HALF TERM

Wednesday 4th June EYFS AQUARIUM TRIP

Monday 30th June NON PUPIL DAY



## "Let's Talk about Children....."

Therapeutic Parenting is a nurturing parenting style developed from consistent, empathic, and emotional based responses to your children as a response to their behaviours.

We believe that all children would benefit from experiencing therapeutic parenting and want to share this parenting style through the use of a 'Therapeutic Toolbox'.

This programme is full to top tips and advice to supp journey of parenting and growing up.

Venue	Session 1	Session 2
Estover	Friday 14 <sup>th</sup> June	Friday 21st June
Youth	9:30am-12:30pm	9:30am-12:30pm
centre		
Keyham	Wed 18 <sup>th</sup> September	Wed 25 <sup>th</sup> September
Green	9:30am-12:30pm	9:30-12:30pm
Places		
Efford	Thursday 21st	Thursday 28 <sup>th</sup>
Library	November	November
	11:30am-2:30pm	11:30-2:30pm
Crownhill	Friday 7th February	Friday 14th February
Library	9:30-12:30pm	9:30-12:30pm
Estover	Tuesday 22 <sup>nd</sup> April	Tuesday 29th April
Youth	11-2pm	44.00.00
centre		11-2pm
Efford	Thursday 12th June	Thursday 19th June
Library	11:30-2:30pm	11:30-2:30pm



This is a 2 week programme and topics include :

- what does it mean to be a therapeutic parent?
- Emotions
- Anger and aggression
- Managing tricky behaviours
- Play
- Parental self care

https://www.eventbrite.co.uk/o/plymouthcity-council-targeted-help-60431670123 As you maybe aware, we have been taking part in the PINS project.

To support us through this, it is important to gather parental contributions. Please find a link to a parent questionnaire.

The privacy statement is at the top of the questions.

This survey will close on the 3<sup>rd</sup> Match.

PINS Survey 2 | Plymouth Parent Carers Voice on Glue Up

As part of the PINS project we have a Coproduction meeting for parents of children on the SEN register in school with Plymouth Parent Voice coordinator Claire Paddon on Wednesday 12<sup>th</sup> March.

If you are interested in attending, please email Fliss Lock (INCO) directly, so we can ensure that we have enough tea and biscuits.

f.lock@discoverymat.co.uk

## Family Support Network



## **WORLD BOOK DAY - 6<sup>th</sup> March**



As you will have seen from our recent newsletter and Facebook posts World book day is fast approaching.

Children are welcome to come dressed as a book character or, if they (or you would prefer) they can come in their pyjamas ready to cosy up and enjoy a good book.

Mrs Crocker has many exciting activities planned to include: footie and bookie quiz, guess the reader (teacher edition), outdoor book trail and guest readers from our local community.

## **School Champion meeting!**

I had the pleasure to meet with the school champions this week and, amongst other things, World Book Day was discussed.

The children liked the idea of using boxes to create the setting of a story. Shoe boxes, match boxes, any boxes could be used!





Children are invited to bring their story setting boxes to school on **6th March** where they will be displayed for all to see. The school champions are keen to award prizes, we look forward to seeing what wonderful story setting boxes you produce.

Thank you! After everyone's efforts last week, we have raised an amazing £214 for the children's mental health charity Place2Be. A huge thank you to everyone that took part and donated, this is going to make a difference to children across the country. This is some of our school champions, who helped to organise the fundraising, celebrating our achievements.

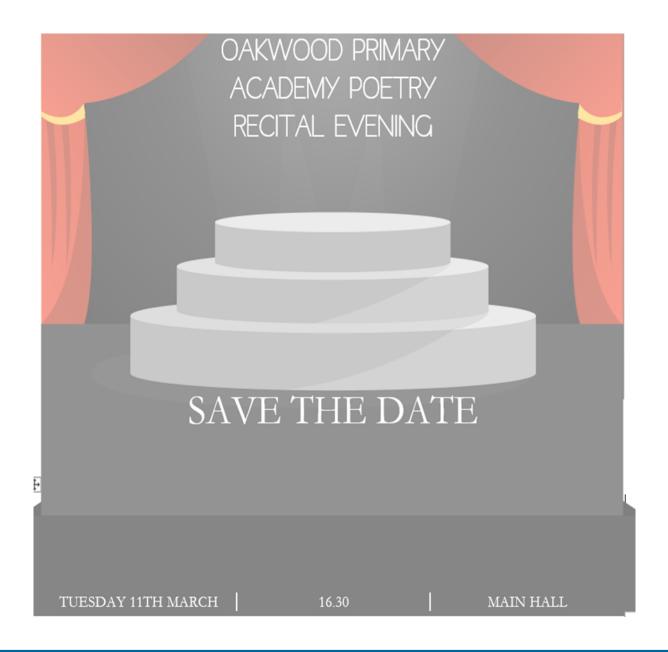




## **Oakwood PTFA**

We are excited to announce that volunteers have come forward to form a new PTFA. This is something that the staff and parents have wanted to establish in recent months, and we are delighted with the support the parents have given to ensure this. There are already

events planned which we will be sharing with you after half-term. Thanks again to all involved.



Please save the date for our annual Poetry Recital Evening. Thank you to all of the children who have signed up for this event and are learning their poems by heart.

We will be hosting, as last year, a black-tie event to celebrate the spoken word. Please email <a href="mailto:l.crocker@discoverymat.co.uk">l.crocker@discoverymat.co.uk</a> if you have any questions.



PLYMOUTH FEB 2025 | 9.30AM-3.30PM BOYS & GIRLS ALL ABILITIES AGED 5-15

New & improved roadshows with huge savings!

**Prices** from £10!!!

## Monday, 17 February

Magic Monday at Home Park - £10 Ivybridge Community College Football Roadshow - £15

## Tuesday, 18 February

Technical Tuesday at Manadon Sport Hub - £15 Wembury Primary School Multi Sports - £15 Sherford Community Hub Football Roadshow - £15

## Wednesday, 19 February

Wild Wednesday Street Games at Manadon Sport Hub - £15 Wembury Primary School Gymnastics Roadshows - £15

## Thursday, 20 February

Thursday Thrill Epic Football Tournament Day at Manadon Sports Hub - £15 Lipson Vale Primary School Multi Sports - £15

## Friday, 21 February

Friday Fanatics at Home Park - £15





Book now 01752 522202

www.officialsoccerschools.co.uk/argyle/courses.html

<u>www.argylecommunitytrust.co.uk</u>

## FOOTBALL ROADSHOW

Our Soccer Roadshows are age and football specific with the emphasis on fun, enjoyment and development.
Sessions include skills, techniques, competitions and small sided games.

## MULTI SPORTS/SKILLS

Chance for participants to undertake a wide range of sports throughout the day. Sports will vary from football, handball, tag rugby plus many more. Each venue and area will offer different sports.

## MAGIC MONDAY

Participants will meet and have lunch at The Theatre of Greens, the home of Plymouth Argyle.

## TECHNICAL TUESDAY

Technical Tuesday will focus on technical based practices and the technical aspects of football coaching.

## WILD WEDNESDAY STREET GAMES

Street games include penalty hot seat, the crossing game, Wembley singles, Wembley doubles, back-to-back goal and many more classic and fun football themed games.

## THURSDAY THRILL EPIC FOOTBALL TOURNAMENT DAY

Experience the thrill of football as participants are split into teams to compete in matches and competitions such as penalty shoot-outs and the crossbar challenge.

## FRIDAY FANATICS

Participants will have a tour of The Theatre of Greens - the home of Plymouth Argyle, and will meet the main man himself - Pilgrim Petel



PHONE 01752 522202

## REGISTERED CHARITY NUMBER 1128906

For our cancellation policy please visit https://argylecommunitytrust.co.uk/terms











@ArgyleTrust

https://officialsoccerschools.co.uk/argyle/courses.html

LEARN. PLAY. SUCCEED







**AGES** 8-12







## JOIN THE FUN AT OUR HOLIDAY CLUB ADVENTURE AWAITS!

ONLY PER DAY

SWIMMING | SPORTS | ARTS & CRAFTS

FEBRUARY, MAY AND OCTOBER HALF TERMS. **EASTER & SUMMER!** 





© @PLYMOUTHACTIVELEISURE

**BOOK TODAY AT GETACTIVE@PLYMOUTHACTIVE.CO.UK** 



For ages 4

## Derriford Church







Come along on:

£1 per family

Friday 10th January Friday 7th February Friday 7th March

3.45 - 5:30pm

Arts & Craft

Games

Bible Stories

Food

@ Derriford Church Powisland Drive Plymouth, PL6 6AB





Family members are welcome to join us!
Refreshments provided



Made with PosterMyWall.com

www.derrifordchurch.co.uk

## Who We Are

Hygiene Hub is a new joint social action project between: Transforming Plymouth Together, Peninsula Dental Social Enterprise and a number of local churches.

## What We Do

We provide low cost hygiene products and basic dental health advice to families in need. No referral is required.

## **How It Works**

Parents and carers can sign up for an annual membership of £1.50. New members get a free dental kit with toothpaste and toothbrushes. After that, members can return every 6-8 weeks, and receive further supplies for modest contribution.







- Brush for 2 minutes.
- Brush twice a day. Once before bed, and again during the day.
- Use a Pea size amount of flouride toothpaste.
- Spit, don't rinse!
- Save sugary snacks and drinks for

- Mondays: 3.30 5pm Christ Church, Leypark Walk Estover, PL6 8UE
- Fridays: 10am -1pm
  Uniform Store Plymouth,
  93 New George Street, PL1 1R0
- PlymHygieneHub

Please follow us for updates and new locations!













# DAZZLE DANCE

DANCE YOUR WAY TO FAMILY FITNESS!



**Ballet for Kids** 

Mondays & Thursdays - 16:00 - 17:00 (age 4 to 6) and 17:00 - 18:00 (age 7 to 12) Dance fitness and every other Monday Belly Dance Mondays -18:00 (Adults) Stretch & Tone & Belly Dance for All Ages Thursdays - 18:00 - 19:00 Stretch & Tone and every other Thursday Belly Dance

Woolwell centre
Contact Information: Mobile:
07551299724
Email:

amerissa2024@outlook.com

















## DADS PLAY SESSION



Dads and male carers come along with your little ones and join us at the Methodist Church soft play area. For this free session. Join in with some physical activities and fun. For children 0-8 years.



Saturday 1st March, 9.30am-11am



Plymouth Soft Play Cafe, Methodist Central Hall



CONTACT US BY 21ST FEBRUARY TO BOOK YOUR SPACE

Email: chelsea.hewitt@actionforchildren.org.uk









## Come along and enjoy:

- A taster of our immersive dome experiences
- Finding out more about our new series of free sessions for dad's
- A chance to learn more about Market Hall and meet new people

FREE TO ATTEND!

4pm - 5pm Monday 17th February

## **South Devon Dads Project**

## **Construction Skills #1**

Learn basic carpentry - make a wooden toolbox to take home

With expert tuition from Plymouth City College

## Sat. 8th March

Plymouth City College, Picquet Barracks, Cumberland Road, Devonport, Plymouth. PL1 4HX

9.30am - 12.30

Booking Essential - limited to 10 dads & 10 children

Cost: FREE (donations welcome)

Wear suitable clothes & shoes (e.g. no flip-flops).

Hot drinks/ water supplied. All equipment supplied.

Free parking. You must book.

All dads and male carers with children aged 6 and over only.

PLEASE BOOK: info@thedadsnetwork.org







## **LUNCH MENU**

Ham and cheese paninis are on the menu week commencing 4/11/2024 this will run alongside the new menu as a daily choice.

> We have colours choices on parent pay, Purple -cheese and tomato orange -ham and tomato It consists of half a panini with nachos.





At CATERed, we pride ourselves that the majority of the food we serve is cooked from scratch every day, making Ed's lunchtime menu truly awesome! Because we use fresh, local, seasonal and organic ingredients we're also supporting local growers, farmers and the regional economy whilst we keep an eye on our eco-footprint.

- Locally caught and landed Pollock and Mackeral
- Free range eggs (including in our mayonnaise)
  Westcountry milk
  Westcountry yoghurts
  Organic herbs
  No fried food
  Fairtrade sugar
  Wholemeal flour
  Seasonal fresh vegetables and fruit

- Seasonal fresh vegetables and fruit (which may vary due to availability)

Please visit our pages at www.catered.org.uk

**UIFSM:** All children in Reception, Year 1 and Year 2 are entitled to receive a **FREE** school meal every day regardless of household circumstances. This is called universal infant free school meals. So you can come in and have a great tasting meal every day and pay Ed nothing!

## We encourage everyone to take up this free offer!

FSM: If you think you may be entitled to free school meals for your child under aged 7 and for older children, information about free school meals can be found by following the link to Free School Meals within the CATERed webpages or by calling the FSM team on 01752 307410. Eligibility for FSM also provides schools with additional income via the Pupil Premium.

### We encourage everyone one who's eligible to take up this free offer!

If you are buying a meal, one of Ed's Super Fantastic two course meals including a drink currently costs £2.75. For a full allergen breakdown please contact us at catering@catered.org.uk, let us know what school your child attends so we can talk through the menu offer currently at that school.

Mandatory Food Standards apply to all school lunches details can be found by following the link from our pages or by visiting http://www.schoolfoodplan.com/actions/school-food-standards/













Tell Ed!









## WEEK 1

W/C - MONDAY 4TH NOVEMBER, 25TH NOVEMEBER, 16TH DECEMBER, 20TH JANUARY, 10TH FEBRUARY, 10TH MARCH, 31ST MARCH WEDNESDAY

MONDAI	
CHOICE1 - H, W, V,	
Margherita pizza with	

potato wedges Allergens: (Glu), (Wh), (So), (Mi), m/c (E)

CHOICE 2 - H, W, V, VE

Katerveg meatballs

served with

homemade tomato

sauce & pasta

Allergens: (Glu), (Wh), (So)

CHOICE 2 - H, V, VE

Chicken curry with rice

Chickpea & sweetcorn burger served in a bun

with potato wedges

Allergens: (Glu), (Wh), (Mi, (So)

TUESDAY

CHOICE 2 - H, W

All day breakfast choose from meat or

climate friendly option Meat Option Allergens (Glu), (Wh), (E), (Mi)

Climate Friendly Allergens: (Glu), (Wh)

CHOICE 2 - H, V Golden pastry topped

THURSDAY

CHOICE 1- H

Roast chicken, Yorkshire

pudding, gravy and

roast potatoes

Allergens: (Glu), (Wh, )(Mi), (E)

vegetable pie, gravy & roast potato

Allergens: (Glu), (Wh), (Mi), (Ce)

## FRIDAY

CHOICE1 - H Homemade breaded haddock fillet served with fresh chips

Allergens: (Glu), (Wh), (E), (Mi)

### CHOICE 2 - H, V

Tangy cheese, quinoa & vegetable muffin served with fresh chips

Allergens: (Glu), (Wh), (E), (Mi)

### SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEAMS / CHEESE / TUNA MAYONNAISE / COLESLAW



DESSERT - V, VE Fruit Salad

DESSERT - H, W, V **Butternut** and date cake

Glu)(Wh), (E)

DESSERT - H, V, VE

Cornish fairing biscuits and fruit slices

Allergens: (Glu), (Wh) S DESSERT - H, V, VE

Fruit platter or Yoghurt

Allergens: (SU), (Mi)

OESSERT - H, W, V, VE

Fruity cornflake tart with custard

(Wh), (Bar)







### W/C - MONDAY 11TH NOVEMBER, 2ND DECEMBER, 6TH JANUARY, 27TH JANUARY, 24TH FEBRUARY, 17TH MARCH

### THURSDAY FRIDAY MONDAY WEDNESDAY CHOICE 1 - H. W CHOICE 1 - H, V, VE CHOICE1-H CHOICE 1 - H CHOICE 1 Roast beef, Yorkshire Baked bean and Katerveg mince Chicken chow mein Fish fingers served sausage pasta bake chilli and rice pudding, gravy and with fresh chips Allergens: (Glu), (Wh), (Se), (So) roast potatoes Allergens: (So) Allergens: (Glu), (Wh) Allergens: (Glu), (Wh), (F) Allergens: (Glu), (Wh), (Mi), (E) **௵** CHOICE 2 - H, V, VE CHOICE 2 - V, VE CHOICE 2 - H, V, VE CHOICE 2 - H, W, V CHOICE 2 - H. V Vegetable sausage, Quorn dippers with Tasty cheese wheels Roast Quorn fillet, Homemade cheese gravy and roast seasoned potato with herby diced mash and gravy and tomato quiche wedges potato potatoes served with fresh chips Allergens: (Glu), (Wh), (Ce) Allergens: (Glu), (Wh), (Bar) Allergens: (Glu), (Wh) Allergens: (Glu), (Wh), (Mi), (Mu) Allergens: (Glu), (Wh), (E), (Mi) SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW DESSERT - H, V, VE DESSERT - V, VE DESSERT -H, V, VE DESSERT - H, W, V DESSERT - H, V Fruit Salad Fruity flapjack Westcountry Fruit Platter Zesty cake root cake with custard Allergens: (Glu), (O) Allergens: (Glu), (Wh), (E), (Su), (Mi), m/c (Bar) Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar) (So) m/c (Wh), (Bar) AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT



## WEEK 3

W/C - MONDAY 18TH NOVEMBER, 9TH DECEMBER, 13TH JANUARY, 3RD FEBRUARY, 3RD MARCH, 24TH MARCH

MONDAY CHOICE 1- H, W

Beef cobbler served with mash and gravy

Allergens: (Glu)(Wh) m/c (Mi)(Bar)

WEDNESDAY TUESDAY

> CHOICE 1 - H, V, VE Tasty Katerveg bolognaise with garlic bread & pasta

Allergens: (Glu), (Wh), (So) m/c (Se)

THURSDAY

CHOICE 1-H Roast gammon loin, Yorkshire Pudding, gravy & roast potatoes

Allergens: (Glu), (Wh), (E)

**FRIDAY** CHOICE 1-H

Homemade fish cakes served with fresh chips

Allergens: (Glu), (Wh), (F), (E)

CHOICE 2 - H. V

Crispy samosa with rice Allergens: (Glu), (Wh), (E)

CHOICE 2 - V. VE

Quorn nuggets with diced potato

CHOICE1 - H

Chicken paella

Allergens: (Glu), (Wh)

CHOICE1-H. V

Creamy macaroni cheese with garlic bread

Allergens: (Glu), (Wh), (Mi), (Mu) m/c(Se)

CHOICE 2 - H, V, VE

Golden crisp topped shepherds pie, gravy & roast potatoes

Allergens: m/c (Glu), (Wh), (Bar)

CHOICE 2 - V, VE

Quorn fingers served with fresh chips

Allergens: (Glu), (Wh)

SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW

DESSERT - V VE

Fruit salad

DESSERT - H. V Orange honey cake

Allergens: (Glu), (Wh), (Mi), (E)

DESSERT - H, V, VE

Custard biscuits with fruit slices

Allergens: (Glu), (Wh)

DESSERT - H, V, VE

Fruit Platter

Allergens: (So)

DESSERT - H. W. V

Chocolate cake with chocolate sauce

Allergens: (Glu)(Wh)(E)(Mi) m/c(Bar)

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT



## NOVEMBER

BONFIRE NIGHT (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



CHRISTMAS LUNCH (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



SIX NATIONS (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



(MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



## INTER. SCHOOL MEAL DAY

(THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad





STAY UP TO DATE: 1 fo





## **School Trip payment reminders**

### **Nethercott Farm**

Further instalment payment of £50 due 28/02/2025 Please contact the school office if you require any assistance. Thank you.

## **London Trip**

Further instalment payment of £60 due by 28/02/2025. Please contact the school office if you require any assistance. Thank you.

## **PGL 2025**

Further instalment payment of £30 due by 28/02/2025. Please contact the school office if you require any assistance. Thank you.

## **Free School Meals**

You may be entitled to apply for Free School Meals for your child/ren if you receive the following benefits:-

- Universal Credit, Income Support
- Income Based Job Seekers Allowance,
- Income Related Element of Employment and Support Allowance,
- Guaranteed Credit element of Pension
- Child Tax Credit (without Working Tax Credit) with an annual income of £16,190 or

We would urge parents who may be eligible for Free School Meals for the children to either apply on-line through the Plymouth City Council website or contact the school office for a form as soon as possible. This is very important, even if your child does not wish to take up the free meal. The register of FSM entitlement affects our overall school budget and we may be missing out on funding as a

Please do not confuse this with Universal School Free School Meal entitlement for children Meals in Years Reception to Year Two.



## **KS2 REN reading word count**

The winners of this weeks word count for is:-

Years 1 and 2 - Zimmer 2619 words

Year 3 - Britten 61,095 words

Years 4 and 5 - **Dun 424,178 words** 

Year 6 - Tchaikovsky 173,872 words



### **CHILD ABSENCE**

If your child is unwell and is due in school. please leave a message on the child absence line by 9.00am each morning. Thank vou. School

## **Keeping in Touch**

Can we please remind parents that the vast majority of contact between school and parents is done by telephone or email. Please could you ensure that we are kept updated with you current contact details to enable us to keep in touch with you when needed.

## **Parent Pay**

Please activate your parent pay account as this allows us to send Newsletters, trip letters and other important information that we may need to convey to you. Please contact the school office if you need assistance.

## **Facebook and Website**

Please follow us on our Facebook page at Oakwood Primary Academy. Please refer to our school website for latest news and calendar dates.

### **Email Addresses to Remember**

Year 6 - Elgar Class - r.sherrell@discoverymat.co.uk

Year 6 - Tchaikovsky Class - s.betts@discoverymat.co.uk

Year 4/5 - Bernstein Class - j.kelleher@discoverymat.co.uk

Year 4/5 - Dun Class - k.loftus@discoverymat.co.uk

Year 4/5 - Holst Class - I.crocker@discoverymat.co.uk or k.harvey@discoverymat.co.uk

Year 3 - Britten Class - a.moore@discoverymat.co.uk

Year 3 - Lloyd-Webber Class – s.wieprecht@discoverymat.co.uk or a.blakeston@discoverymat.co.uk

Year 2 - Zimmer Class - m.francis@discoverymat.co.uk

Year 1/2 - Vivaldi Class - t.ocarroll@discoverymat.co.uk or g.chandler@discoverymat.co.uk

Year R/1 - Price Class - c.wye@discoverymat.co.uk

Rec - Brahms Class - m.kelly@discoverymat.co.uk